Risk assessment for Swimming Pool

**North Dorset Sub Aqua Club 0975** **Location** Dorset Centre of Excellence

| **Hazard** | **Who** | **Risk evaluation** | **Controls** | **Immediate measures to deal with consequences if risk does occur** |
| --- | --- | --- | --- | --- |
| Heart attack | All | Medium | Medical self declaration or referral to medical referee | Pool Reception to contact emergency services ASAP.  Obtain and operate defibrillator if available. |
| Ear damage | All | Medium | Trainees receive specific instruction on “ear clearing”  Do not dive when suffering from colds | Diver to seek medical advice from GP |
| Mask squeeze | All | Low | Mask must cover both eyes and nose in same air space  Trainees receive specific instruction in mask equalisation | Trainee to practice mask clearance in shallow water until confident |
| Injury from falling cylinder | All | Low | Cylinder to be laid down when not in use | NDSAC trainer and lifeguard to check for bruising etc. Casualty to seek medical advice if appropriate |
| Running out of gas | All | High | All SCUBA sets fitted with air contents gauges  Air levels monitored by individual, and instructor with trainees | Diver to move to shallow water and stand up! Training session to be halted until Trainer has checked / replaced equipment as appropriate |
| Trips, slips and falls | All | Low | Dive manager to advise all divers of no running alongside pool  Keep spare and unused kit tidy and stowed safely | NDSAC trainer and lifeguard to check for bruising etc. Casualty to seek medical advice if appropriate |
| Panic | All | Medium | Novices to be suitably instructed before going underwater and accompanied by qualified instructor | Instructor to ensure novice is comfortable and understands safety signals |
| Drowning | All | High | Novices to be suitably instructed in use of equipment before going underwater and accompanied by qualified instructor | All equipment to be checked by instructor before use. Instructor trained in rescue skills. First Aid kit and breathing air available on site. |