



North Dorset sub aqua club



## North Dorset Sub Aqua Club (BSAC No. 0975)

### Risk Assessment for shore diving

NOTE This should be used in association with the Risk Assessment for diving from boats

Hazard	Effect (H, M, L)	Likelihood (H, M, L)	Controls	Measures to deal with consequences if incident occurs
Anxiety / stress whilst kitting up / entry into water (especially if first dive in open water)	<b>M</b>	<b>L</b>	Detailed dive planning & briefing given by Dive Manager. Thorough buddy checks plus slow, unhurried entry & buoyancy checks.	Experienced buddy ready to return to surface do discuss problems & abort dive if necessary.
Slips, trips & falls on rocks etc. during access to water	<b>M</b>	<b>M</b>	Check route to water & sea state before kitting up. Consider carrying some kit down in two trips & complete kitting up at water's edge	First aid kit to be carried in vehicle / shore party. Phone 999 if required in an emergency.
Difficult entry / panic attack	<b>M</b>	<b>M</b>	Pre-dive planning to reduce chance of difficulties.	Experienced buddy / instructor on hand to assist & discuss problems.



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Cold / hypothermia	<b>M</b>	<b>M</b>	Dive planned to suit site, divers & weather conditions. Both divers aware of 'I am cold' signals.	Dive to be aborted and return to surface via safety stops.
Separation of divers	<b>M</b>	<b>M</b>	Dive buddies to maintain contact throughout dive. Use buddy line in poor viz, or abort dive.	If lost buddy, stay in same place for 1 minute & check all round (including above you). If unable to locate buddy, ascend at a safe rate to surface. Put up DSMB and wait at surface for buddy to arrive.
Difficult exit from water	<b>M</b>	<b>M</b>	Dive plan to include selection of exit point and shore party to be on hand. Otherwise swim on the surface to a better location.	Divers to help each other / hold kit etc. Often better to safely remove fins and wade / crawl ashore.
Moderate cuts & abrasions	<b>M</b>	<b>L</b>	Dive Manager to check all divers when back on shore.	Clean wound with water & give first aid as appropriate. Seek medical advice if excessive blood loss / wound or casualty is in state of shock. Radio to Coastguard (Ch 16 or dial 999 from phone) and ask for medical advice.



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Hazard	Effect (H, M, L)	Likelihood ( H, M, L)	Controls	Measures to deal with consequences if incident occurs
Missing Divers	<b>H</b>	<b>L</b>	Dive Manager to check all divers in and out at end of dive. All divers to carry own DSMB & reel on every dive.	Dive Manager to watch out for missing divers. If unable to locate missing divers in reasonable time, phone coastguard (call on Ch 16 or dial 999 from phone) and ask for lifeboat / helicopter search.
Cold diver	<b>L</b>	<b>M</b>	Divers to de-kit & dress warmly after dive (esp. if windy).Advised to bring food / chocolate with them (& hot drink if poss.)	Get divers into shelter ASAP & help them de-kit. Share food / hot drinks as appropriate. If hypothermia is suspected, wrap in extra coats / space blanket. Monitor situation and call 999 if required.

Assessed by:

Name..... Position..... Date.....